

HARVEY MILKMAN

BIOSKETCH

Harvey B. Milkman, Ph.D. received his doctorate in 1974 from Michigan State University and is professor of psychology at *Metropolitan State College of Denver*.

From 1969 to 1972 he conducted research with William Frosch, M.D., at Bellevue Psychiatric Hospital in New York City, on the user's "*Drug of Choice*." In 1980-81, he studied addictive behaviors in Africa, India and Southeast Asia; in 1985-86 he was recipient of a *Fulbright-Hays Lectureship* award at the National University of Malaysia. He has represented the United States Information Agency as a consultant and featured speaker in Brazil, Iceland, Australia, Peru, The Netherlands, Turkey and Yugoslavia. In March 1998, Dr. Milkman was the keynote speaker at *The 21st Annual Treating the Addictions Conference*, hosted by The Cambridge Hospital, in affiliation with Harvard Medical School. He is author of "*Better than Dope*," a feature article for *Psychology Today*, April 2001. From September 1992 – June 2002, he directed *Project Self-Discovery: Artistic Alternatives for At-Risk Youth*.

Dr. Milkman is principal author of:

- *Craving for Ecstasy: The Consciousness and Chemistry of Escape* (Milkman, H. & Sunderwirth, S., 1987; 2007 – in Press)
- *Pathways to Pleasure: The Consciousness and Chemistry of Optimal Living* (Milkman, H. & Sunderwirth, S., 1993)
- *Project Self-Discovery: Artistic Alternatives for High-Risk Youth* (Milkman, H., Wanberg, K., & Robinson, C., 1996)
- *Criminal Conduct and Substance Abuse Treatment for Adolescents* (Milkman, H. & Wanberg, K. 2005)

Co-editor of:

- *Addictions: Multidisciplinary Perspectives and Treatments* (winner of the Choice Award for outstanding academic books (Milkman, H., & Shaffer, H., 1983)
- *Treatment Choices for Alcoholism and Substance Abuse* (Milkman, H & Sederer, L, 1990)

Co-author of:

- *Criminal Conduct and Substance Abuse Treatment: Strategies for Self-Improvement and Change* (Wanberg, K., & Milkman, H., 1998; 2006)
- *Driving with CARE: Education and Treatment of the Alcohol or Other Drug Driving Offender* (Wanberg, K, Milkman, H. & Timkin, 2006)